

Summer Recreation at Tamarack

The Summer Recreation Policies are attached . They are also available at the clubhouse, at the pool entrance, and on the website: www.tamaracktrails.com

Updates to the policies include:

The website used to check the air temperature for pool opening and closing has been changed from the Truax Field location to Morey Field in Middleton.

*Supervision of children has been reinforced. **Children must be supervised at all times.** This included at the pool , on the deck and in the locker rooms*

Please make sure that all household members and guests are aware of the policies.

Keys

Residents will continue to use their current keys for the tennis/pickle ball courts and access cards for the pool area. They remain the same as last year. Residents can purchase keys and access cards through the Tamarack office for \$5 or \$50 for lost keys or cards.

To enter the pool area, swipe your pool access card at the gate on the west side of the clubhouse. This system records the date and time that each card is swiped.

Homeowners will be responsible for policy violations by anyone who is using their keys.

Tennis/Pickle Ball Courts

The nets are in place; the courts are ready for use. The sign-up sheet for court reservations is in the mailbox adjacent to the gate. Weather permitting, the courts will be available into the fall.

Pool

Weather permitting, the pool will open at 10:00am on Saturday, May 26th. We plan to wash and touch up paint the pool walls prior to opening.

Large Groups Registration – As a courtesy, residents should notify the office or on-duty-lifeguard at least two days in advance of their intent to bring more than eight (8) guests to the pool. Any group of more than fifteen (15) persons requires the resident to hire an additional lifeguard from the current Tamarack lifeguard roster. Forms for group registration are available at the office, from the lifeguard, or on the Tamarack website.

Clubhouse Rental – The Clubhouse is available to residents for private parties. Contact the office for availability, policies and fees.

When pool and pool deck access is requested, the Large Group Registration and fees will also apply. Everyone will be required to follow Tamarack's Summer Recreation Policies. Child Supervision Requirements will apply to all, including graduation and soccer team parties.

Enjoy the Summer!

Tamarack Water Aerobics Classes 2018

Tamarack Water Aerobic Classes 2015

It's time to make a big splash this summer. Water Aerobics is a great way to meet your neighbors and gain numerous health benefits.



Hours of Fun
Increased Range of Motion
Stronger Muscles
Improved Physical Health
Improved Mental Health
Better Heart Rate



Morning Water Aerobics Classes
9 a.m. Monday, Wednesday, Friday

Evening Water Aerobics Classes
5:45 p.m. Monday, Tuesday, Thursday

Evening Water Fitness Class

Find your swimsuit! Your Tamarack neighbors are planning another summer of evening water fitness classes at the Tamarack pool. Starting on June 11th, the classes will be held on Monday, Tuesday and Thursdays from 5:45-6:45pm. The cost is \$90 for 12+ weeks of fun and exercise. This amenity is available to all Tamarack residents. For more information or to sign up, contact Judy Bluel (829.3663) or Karen Falkner (833.9730).

Morning Water Aerobics

Get fit, stay fit and have fun doing it, with great moves and music. Warm up with stretches, get your heart rate up with the cardio portion, strengthen your muscles, and cool down. Workout at your own intensity. During class the pool is open only to class participants.

Not sure if you will like the class? Attend for free during the first week.

Classes are scheduled for two, five week sessions: Monday, June 11 - Friday, July 13 and Monday, July 23 - Friday, August 24. Classes will be held three days per week (Mon, Wed, and Fri) from 9:00 – 9:50 a.m. The fee for each five-week session is \$45.

Contact Jean Hilgers at 833-1615 if you plan on participating in the class this year.